

Beacon



Christmas Greetings!

Another year! In last year's edition, I wrote that the Covid-19 vaccines were arriving, and it appeared that the pandemic was in its last mile. Unfortunately, this proved not to be true.

Despite this we have much to be thankful for. Here at Lighthouse Financial and IPC Investment Corporation, our business continues to grow. Thank you for your trust and referrals of family and friends. We celebrated our 5th anniversary in August with tentative plans for a client appreciation event in Spring 2022. We've also partnered with **Good Neighbour Coffee** and are providing coffee from the farmers of Olancho, Honduras if you stop by the office.

We're pleased to welcome **Ryan Brown** as an associate advisor in January 2022. Ryan will be running his own practice called Silver Maple Financial in partnership with IPC Investment Corporation. He's committed to promoting Biblical principles in his practice. Together, we'll be open to even more referrals.

In *Bloom Where you are Planted*, we highlight **Joanne Penninga**, a volunteer with Salvation Army's Christmas Kettle campaign. Finally, with the increase in mental health concerns due to Covid and other factors, we review an acronym TIPS in *Planner's Corner*.

Have a wonderful Christmas. We wish you God's continued blessings in 2022.

Jim Hummel, CFP® CKA®
Ella Mae Cupido, Licensed Assistant
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Bloom Where You are Planted: Joanne Penninga, The Salvation Army Kettle



Joanne is a very grateful and positive person and when I found out she has been volunteering for Salvation Army, Christmas Kettle campaign for several years I decided to highlight her involvement and the work of The Salvation Army.

The Salvation Army has been serving Edmonton and area since 1893, providing practical assistance to our city's most vulnerable. Addiction recovery care, hot meals, Christmas assistance, back-to-school supplies, transitional housing, clothing, and more are available to help people build a better life for themselves. You can find the Christmas Kettles at many malls and grocery stores in the Edmonton area.



Joanne volunteers for 2 hour shifts at St. Albert Centre. When I asked her why she does it, she mentioned her desire to "help others in her church and community". Her motivation for her work is Matthew 25:31 – 46. Unfortunately, she broke her wrist and is unable to volunteer fully this year and is experiencing the blessing of community during her recovery.

Thank you to all those who volunteer during the Christmas season and those who make a difference year-round.

Matthew 25: 31 – 46: The Sheep and the Goats

³¹ "When the Son of Man comes in his glory, and all the angels with him, he will sit on his glorious throne. ³² All the nations will be gathered before him, and he will separate the people one from

another as a shepherd separates the sheep from the goats. ³³ He will put the sheep on his right and the goats on his left.



³⁴ "Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. ³⁵ For I was hungry, and you gave me something to eat, I was thirsty, and you gave me something to drink, I was a stranger and you invited me in, ³⁶ I needed clothes and you clothed me, I was sick, and you looked after me, I was in prison, and you came to visit me.'

**FOR I WAS HUNGRY
AND YOU FED ME;
I WAS THIRSTY
AND YOU GAVE ME DRINK.
I WAS A STRANGER
AND YOU WELCOMED ME;
NAKED AND YOU CLOTHED ME...
MATTHEW 25: 35-36**

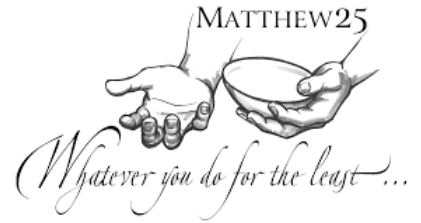
³⁷ "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? ³⁸ When did we see you a stranger and invite you in, or needing clothes and clothe you? ³⁹ When did we see you sick or in prison and go to visit you?'

⁴⁰ "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

⁴¹ "Then he will say to those on his left, 'Depart from me, you who are cursed, into the eternal fire prepared for the devil and his angels. ⁴² For I was hungry, and you gave me nothing to eat, I was thirsty, and you gave me nothing to drink, ⁴³ I was a stranger, and you did not invite me in, I needed clothes and you did not clothe me, I was sick and in prison and you did not look after me.'

⁴⁴ "They also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?'

⁴⁵ "He will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me.'



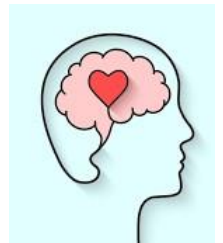
⁴⁶ "Then they will go away to eternal punishment, but the righteous to eternal life."



Planner's Corner: Mental Health, TIPS

Recently I was on a conference call hosted by Canada Life about mental health. The acronym used to help with our individual mental health is TIPS.

Talk to yourself positively - sometimes we say things to ourselves that we would never say to others (e.g., you're stupid, etc.).



Breathe **In**, Hold, breathe out – count 1, 2, 3

Be **P**resent & Productive – it's easy to let our minds wander or be distracted with our electronic devices. Try to stay focused on the task at hand or the person in front of you.

Seek & Accept help.

The **TIPS** acronym is easy to remember. Hopefully this can help you and others.

Jim Hummel, CFP® CKA®

